



Resolution
Coaching and Training
for business success

Successful Communication with Business NLP (Neuro-Linguistic Programming)

Business NLP

NLP is the name given to the in-depth study of excellence in communication. It comes from the modelling of outstanding communicators.

NLP is used extensively in business to:

- Develop successful communication between individuals and teams
- Improve managers' performance
- Develop coaching and training skills
- Create and maintain successful business relationships
- Accelerate professional development

The session covered:

- What is NLP?
- **The Four Pillars of NLP**
- Non-Verbal Communication – techniques for building good business relationships
- Q & A on the Practical Applications of NLP

This high energy, interactive session was structured to allow for

- Input and methodology to ensure you have a clear understanding of the basic principles that underpin NLP processes
- Experiential exercises to allow time for you to practice some techniques
- Question and answer sessions to allow you to explore and deepen your learning

Resolution Coaching and Training Ltd

Resolution Coaching and Training Ltd is a networked consultancy that specialises in delivering results through executive NLP coaching and the design and delivery of NLP-based programmes and facilitated events.

Katie Hogg

Katie is a highly skilled and experienced coach, facilitator and trainer. Her style is described as creative, intelligent, professional and practical. She brings great breadth of experience and depth of insight as well as energy, enthusiasm and laughter to all that she does.

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